

Adventures in Attention

Object Study · Choose Your Object · 10–20 minutes

Read a place the way you read a page — look closely, follow what you notice, then make meaning. A naturalist and a reader practice the same movement of mind.

Keep a nature journal, or use this page — once this week, outdoors if you can.

Date Place Weather

Pick one thing near your home you can watch all term — a tree, a bush, a garden bed, a bird feeder, a pond edge. Ours follows a tree as an example, but yours can be anything. Sit with it two quiet minutes: this is your object.

1 Sketch your whole object

Zoom out — draw the whole thing, big.

2 Look closely, then wonder

A few true words — color, size, who visited, what you wonder:

Zoom in — up close

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The Lion and the Mouse

Day One · about twenty minutes



1 Read the story

Read the first part of this week's story — follow an audiobook, a read-aloud, or read it yourself.

2 Copy the sentence

Copy it once on the lines below, saying each word aloud as you write.

Little friends may prove great friends.

— Aesop

Notice — Read your sentence aloud — it feels finished, one whole thought. What gives it a clear beginning and end?

Ready it for dictation: highlight every capital letter and punctuation mark above, and practice any tricky words (look · say · cover · write · check).

3 Language Study · Complete sentence

A **sentence** is one complete _____. It begins with a capital _____ and ends with an _____.

Draw a check beside each complete sentence. One is a fragment — rewrite it below as a complete thought.

- ◆ A lion caught a tiny mouse.
- ◆ Begged for his life.
- ◆ The mouse later set the lion free.



The Lion and the Mouse

Day Two · about twenty minutes

1 Read the story

Read the rest of this week's story, the same way you began it. If it helps, read the first part again too.

2 Words to know

A word's connotation is the feeling it carries. "Gnawed" and "chewed" both mean to bite — but "gnawed" feels rough and desperate. That feeling is its connotation.

Look up your word and write what it means. Then think: what feeling does it carry — its connotation — and why did the author choose it? Then pick one more word of your own.

Word	Definition	What feeling it carries · connotation
gnawed		

3 Tell it out loud

Tell the whole story back in your own words, to a grown-up. Everyone tells it first — saying it aloud makes the writing that comes next much easier.

4 Write it

Write your narration — tell the main points in order: first, next, then, finally.

Use it: as you write, make every sentence one complete thought.

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The Lion and the Mouse · Day Two (continued)



5 Go deeper

The lion laughs at the mouse's promise. Why does that make what happens later matter more?

6 Dictation

A grown-up reads your Day One sentence aloud once, slowly. Write it here from memory — watch your capitals and punctuation.

7 Turn it in

Tick each part as you finish, then take a photo of all your pages and send them to your parent or teacher.

☐ Copied my sentence

☐ Did my Words to Know

☐ Told the story to an adult

☐ Did my Write it & Go deeper

☐ Did my dictation

☐ Did my nature study

